

## FROM THE PRESIDENT

➤ *Ann Hanson, Jefferson City* ◀

The reviews are in and Conference attendees had a wonderful time in St. Louis. Thank you to everyone who helped with the Alliance Leadership Conference 2008 held in St. Louis in April. The planning committee was made up of members from Illinois and Missouri. Missouri was represented by Carol Cooke, Joan Husinga, Dixie Hummel, Marilyn Woerner and myself. Thank you to all the dental spouses in the St. Louis area who generously volunteered their time. A special thanks to Joanne Parrott for all her work at the registration table. I would challenge each member to donate just two hours to the Alliance of the MDA this year. Find something you are interested and get involved. Remember, your greatest potential for growth comes from what you are already good at. You can find out about Alliance activities on the MDA website at [www.modental.org](http://www.modental.org).

## ALLIANCE CALENDAR

➤ *Make Plans to Attend* ◀

**June 18, 2008** | AADA National Membership Day "Each One Reach One"

**June 26-28, 2008** | Missouri/Kansas Heart of America Dental Symposium at the Chateau on the Lake Resort in Branson

**October 15-16, 2008** | AADA Convention (ADA Annual Session) in San Antonio, Texas

**November 7 or 8, 2008** | AMDA Annual Meeting (MDA House of Delegates) in Jefferson City

**March 23-29, 2009** | AADA Leadership Conference Baltimore, Maryland

## AMDA LEGISLATIVE DAY A SUCCESS

The AMDA Legislative Day was February 19 in Jefferson City. This Alliance project delivers dental health kits to all state senators, state representative, support staff and interns. This year we assembled 500 kits. We met that morning at the MDA office in Jefferson City. At this time we were briefed on dental health issues before the Senate and House by Aaron Washburn, MDA Legislative Director. The group then proceeded to the Capitol to hand out the kits. Everyone agreed that this project was well received.

Thank you to Sharon Dear, Ann Hanson, Anna Lippert, Marilyn Woerner, Mary Lou Young and Dr. Lum Young for their participation. Please watch for details on next year's event.



## TRAVELING CAN HELP THE WIDOWED

➤ *Marilyn Woerner, Surviving Spouse Chair* ◀

Although traveling can be a cure for some problems, it can not correct the loss of a spouse. However, with the support of family and friends, a person can find solace in visiting new places. It is easy to stay inside and away from everyone, but that is not healthy. Also, if one did travel with their spouse, one may not have had to be concerned about the money or luggage. Or, maybe the spouse didn't want to travel so the widowed person is not sure about how to start traveling.



There are several agencies that have trips available for single people. They will help guide a person through the process of the trip. Some examples include:

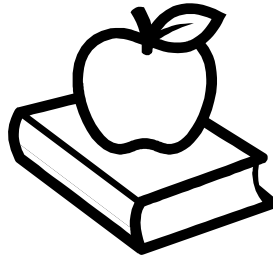
- Elderhostel, 11 Avenue de Lafayette, Boston MA 02111  
800-454-5768; [www.elderhostel.org](http://www.elderhostel.org)
- Grandtravel, 1920 N Street NW, Suite 200, Washington DC 20036  
800-247-7651; [www.grandtrvl.com](http://www.grandtrvl.com)  
*This is travel for grandparents and grandchildren together.*
- The Women's Club, 200 Broadacres Drive, Bloomfield NJ 07003  
800-480-4448; [www.womenstravel.com](http://www.womenstravel.com)

When you are aware of a dentist's death, please contact the Alliance of the American Dental Association Central Office at 800-621-8099, Ext. 2865 or [manager@allianceada.org](mailto:manager@allianceada.org). You can also contact Marilyn Woerner, Surviving Spouse Chairman at 13135 Weatherfield Drive, St. Louis MO 63146, phone 314-878-9358 or email [mjwmusic@sbcglobal.net](mailto:mjwmusic@sbcglobal.net). We have several materials to send surviving spouses who are Alliance members.

# MISSOURI DHE PROJECT FUNDED FDHE

→ Carol Cooke, FDHE Board Member ←

Our president, Ann Hanson, has been doing a dental health education project in Jefferson City schools for nine years. This year she applied for a grant from the Foundation for Dental Health Education. The grant allowed her to expand her project from one school to six.



Ann visits first graders to teach them the importance of good oral hygiene. They do two experiments. The first uses an apple and toothpick to show the development of cavities. The second uses eggs and fluoride toothpaste to show how fluoride helps to strengthen teeth. Ann visits the classrooms and spends about 25 minutes introducing and setting up the experiment. The apples and eggs are left undisturbed for 7 days. Ann then returns to the classrooms to finish the experiments and observe the results. This not only teaches the first graders about the importance of brushing their teeth with fluoride toothpaste, it also gives them a chance to perform hands-on experiments and gets them excited about science. Thanks Ann for doing this great project with our kids!

If you would like to do this experiment in your area or if you could help Ann extend this experiment to more students in Jefferson City, please contact her (573-893-1930 or hansonjcmo@embarqmail.com).

The Foundation for Dental Health Education is a nonprofit organization founded in 1990 by members of AADA to fund initiatives that promote oral health. You may donate by sending a check to the Foundation at 211 East Chicago Avenue, Suite 730, Chicago, IL 60611 or visit Allianceada.org and click on Your Alliance. It is a great way to help educational dental projects all over the country. It can also be a good way to honor your dental friend.

## → JOIN US IN SAN ANTONIO ←

**Don't miss the Alliance Annual Convention, October 15-19  
in tandem with the ADA Annual Session in San Antonio, Texas.**

Go to [www.allianceada.org](http://www.allianceada.org) for the tentative Alliance meeting schedule, which includes meetings for the Board of Directors, various committees, and Caucus and Reference Committee hearings leading up to the House of Delegates. The Alliance also recognizes its members through the Thelma J. Neff and AADA/ADPAC Member Awards.

## AMDA LEADERSHIP TEAM & OTHER CONTACTS

**President** → ANN HANSON  
807 Harvest Dr, Jefferson City MO 65109 | 573-893-1930 | hansonjcmo@embarqmail.com

**Treasurer** → CAROL COOKE  
2198 Red Bird Ln, Pacific MO 63069 | 636-271-6096 | rrvwoods@aol.com

**Dental Health Education Chair** → MARY LOU YOUNG  
918 Tuscany Dr #3M, Camdenton MO 65020 | 573-873-3695 | marlum@charter.net

**Legislative Chair** → ANNA LIPPERT  
PO Box 3694, Camdenton MO 65020 | 573-317-9539 | amljil@charter.net

**Surviving Spouse Chair** → MARILYN WOERNER  
13135 Weatherfield Dr, St. Louis MO 63146 | 314-878-9358 | mjwmusic@sbcglobal.net

**ALLIANCE OF THE ADA** → 800-621-8099 Ext. 2865 or [aada@allianceada.org](mailto:aada@allianceada.org)  
**MISSOURI DENTAL ASSOCIATION** → 573-634-3436 or [info@modental.org](mailto:info@modental.org)



Enjoy the delicious fun of a cooking demonstration while at the Heart of America Dental Symposium in Branson this summer. The event is being sponsored by the Alliance of the MDA on June 27, 2008 from 2 to 5 p.m. as we enjoy a culinary demonstration performed by an expertly trained chef from the Chateau on the Lake. It will be an Italian themed demonstration, including such delicacies as Homemade Ravioli and other Italian favorites. Also included is a recipe card for each guest, complimentary samples, and Pinot Grigio Wine. Look for more details to come online and in the meeting registration materials.

## IT'S NOT TOO LATE FOR PAYING DUES

It's never too late to become a member of the Alliance of the MDA. If your spouse has already remitted MDA dues, but did not pay Alliance dues with it, you may call Lisa Patten at the MDA office to pay. Surviving spouses wishing to join may contact Carol Cooke. Learn more about the Alliance of the MDA online at [www.modental.org](http://www.modental.org). Learn more about the Alliance of the ADA online at [www.allianceada.org](http://www.allianceada.org).

### CHECK IT OUT!

**ALLIANCE OF THE ADA** → [www.AllianceADA.org](http://www.AllianceADA.org)  
**ALLIANCE OF THE MDA** → [www.MODENTAL.org](http://www.MODENTAL.org)  
Go to the Affiliates menu and click on Alliance of the MDA

### ATTENTION MEMBERS!

**ALLIANCE OF THE MDA** → Needs a President-elect.  
If interested please contact Carol Cooke (see left).  
This position must be filled by the fall of 2008.

