

# COVID PREVENTION

1

## WASH

Wash hands with soap and water for at least 20 seconds.



2

## AVOID

Avoid coming to work when you are ill. Regularly monitor yourself for fever and symptoms consistent with COVID-19.



3

## COVER

Wear a face mask or cloth face covering at all times, including in breakrooms or other spaces where you might encounter co-workers.



4

## CLEAN

Clean cell phones and laptops. Routinely clean with disinfectants. It lowers the risk of spreading COVID-19.



5

## DON'T TOUCH

Avoid touching your eyes, nose, and mouth with unwashed hands.



6

## SEPARATED

Use designated areas to take breaks, eat, and drink. Use space that allows at least 6 feet of distance apart from each other.

